

### A coupon for your thoughts

Anyone facing infertility issues needs some distraction every now and then... The 'A pin for your thoughts' foundation offers support to everyone suffering from infertility or subfertility as well as their friends and family. We have created these special coupons for you, if you know someone suffering from infertility of subfertility. By handing out these coupons to someone struggling with infertility issues, you can offer some well-deserved (and needed) support and distraction. And because we know you might have some extra fun activities up your sleeve, we have left 3 coupons blank. This way you can make it even more personal.

#### So.... go ahead and print them out!

Print and cut them out before giving the coupon to someone dear to you.

#### Ran out of coupons?

No worries, you can always download new coupons at www.apinforyourthoughts.nl

# Coupon for... A good cry

Let your feelings out. Call, shout, cry or laugh for half an hour and don't worry. Just let it all out, because I am here for you, during the good and the bad times.

Feels great, doesn't it?

### Coupon for... A walk

Let's go out. Get a breath of fresh air, at the beach or in the woods. Or just strolling through our town or city.

Walk it off!

## Coupon for... good conversation

Just because it's nice to have someone listen to what you have to say.

Tip: a hot beverage and something sweet will make a great start for your talk.

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# Coupon for... **Quiz Night**

Let's put our knowledge to a test and let's see who has the most general knowledge.

Tip: create your own guiz with questions about yourselves or find a fun quiz online.



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Coupon for... A Beer & Bites Night

Let's all have a drink together. I'll check the pantry and take out crackers, nuts, crisps and dips.

Or something else, whatever you fancy!;)

Coupon for...

A ginormous laugh

Tell me how to make you laugh so hard your stomach will hurt. Stand-up comedy? Slapstick? Or a good tickle?

Let your hair down and act a little crazy



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Coupon for...

Karaoke night

Crack up the volume and let's compete at home or at the pub and discover unexpected singers.

> Of course you can also watch and listen others perform.

Coupon for... ΓV night

Kick off your shoes and take a seat. Tonight we will have a TV night. That new series on Netflix? Or a great movie perhaps? Or what about a soccer match? You pick!



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Coupon for...

A shower of compliments

Not to get all cheesy, but just because we can. And because you've deserved it!

You rule!



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# Coupon for... A really big hug

It isn't easy what you're going through. So come here and let me hug you to pieces.

You've earned it!

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Coupon for...

Coupon for... A picnic

I've already packed my picnic blanket and stuffed my picnic basket with all kinds of treats.

Join me!



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Coupon for...

Coupon for...

## A surprise outing!

A city trip? Friends night out at the pub? High tea? An escape room? No, you won't hear it from us. We will stay silent! Prepare to be surprised!





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